

Family Planning Queensland (FPQ) delivers a range of nationally recognised training that meets the requirements of specific units of competency from the Community Services Training Package.

FPQ can tailor professional development to suit your workplace or organisation and can deliver training in any location. All nationally recognised training includes an assessment option and can be delivered in flexible, session based formats.

## Customised options

FPQ training provides opportunities for workers to increase their skills in working with client groups. Training is particularly relevant for:

- people working in disability and special needs settings
- teachers and early childhood workers
- people working with children, young people and their families
- health and welfare workers

Courses can be tailored to suit the setting and reflect particular job roles.

Nationally recognised training courses will require additional study/work out of course contact time to complete assessment requirements. Recognition of Prior Learning (RPL), Recognition of Current Competencies (RCC) and language, literacy and numeracy support are available.

## Training costs

Costs are negotiable for organisations, but are based on the following standard rates:

In-service professional training and customised training (minimum 2 hours, maximum 20 participants)	\$150 per hour
Nationally recognised training (maximum 20 participants)	\$1,300 per day

Note: Additional costs may apply for some locations.

## For more information

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Email: [education@fpq.com.au](mailto:education@fpq.com.au)

## Teaching sexuality education

- rationale for sexuality education
- developing, delivering and evaluating a sexuality education program
- sexuality education strategies and resources

## Introduction to sexuality and disability

- attitudes and values about sexuality
- expressions of sexuality and identity
- sexuality issues for people with disabilities and their carers
- strategies for empowering people with disabilities

## Strategies for supporting adults with disabilities

- supporting healthy sexual behaviour in men and women with a disability
- identifying sexuality support needs
- exploring strategies and resources
- applying support strategies in your workplace

## Understanding and responding to sexual behaviours in children and adolescents: Part 1

- childhood sexual development
- identifying age appropriate healthy sexual behaviours
- identifying at risk and problem sexual behaviours
- the traffic lights framework
- reporting and referral paths to support needs of children and adolescents

## Understanding and responding to sexual behaviours in children and adolescents: Part 2

- review child and adolescent sexual development
- using the traffic lights framework to understand sexual behaviour in context
- analysing problem sexual behaviours using an inquiry based model
- developing support plans based on workplace case studies

## HIV/AIDS, Hepatitis C and sexual health promotion with young people

- sexuality and sexual health
- young people and risk taking
- contraception and unplanned pregnancy
- sexual violence prevention

## Positive and protective

- communicating about sexuality
- supporting healthy and safe sexual development
- strategies and resources

Note: This is a short course of 4 hours duration.

## Sexuality policy development

- rationale for sexuality policy
- sexuality issues and policy development
- supporting the implementation of policy