



MEDIA RELEASE
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Family Planning Queensland promotes International Day of People with Disability (IDPwD)

The United Nations supports International Day of People with Disability (IDPwD) each December to promote an understanding of people with disability and to encourage support for their dignity, rights and well-being. This year's theme is 'Keeping the promise: Mainstreaming disability in the Millenium Development Goals towards 2015 and beyond'.

FPQ is going a long way to 'keep the promise'. Education Coordinator, Georgina Livingstone explains: "FPQ actively promotes the right of people with disabilities to access sexuality and relationships education resources, information and clinical services that meet their needs." She adds, "We have a wide range of resources to support adults, and parents and carers of children and young people with a disability to start the conversation about sexuality and relationships at home in a familiar environment with people that know the person best."

FPQ has free online workbooks to help open up conversations at home about bodies, relationships and being safe. These are available at www.fpq.com.au

Looking to 2011, FPQ has been preparing some new programs for family-based sexuality education sessions. Having parents/carers learning alongside their children with a disability, provides a dynamic learning environment to share information and build confidence. It also gives parents and carers the opportunity to meet others in their community and builds support.

The heart of this year's IDPwD message is that it is the responsibility of all services, not just specialist ones, to be inclusive and to support people with a disability to make choices. FPQ invites others to help 'keep the promise' and celebrate International Day for People with Disability this December.

For more information, please contact Cecelia Gore, Director of Education and Community Services on 0411 674 892.

www.fpq.com.au

Advocating for inclusive sexuality education.