

Sexual Health & Family Planning Australia (SH&FPA) Certificate in Sexual and Reproductive Health (Medical Practitioners)

Participant Quotes (taken from course evaluations)

"I was made to feel comfortable and welcomed to FPQ (especially being male in an all female staff and patient context) – my initial apprehension was dispelled early." *GP, Brisbane 2008*

"I have found this course to be utterly fabulous. I can't overstate how much I learned and how valuable this knowledge is for me, as I am about to commence General Practice training. The lectures were very good but the practical sessions and the quality of teaching in them was invaluable. Thank you very much." *GP trainee, Brisbane December 2008*

"My expectations were exceeded, the course is excellent and should be compulsory for all GP registrars." *Brisbane, March 2009*

"This course has an excellent reputation among doctors in Qld and it certainly lived up to that." *Brisbane, March 2009*

The SH&FPA Certificate in Sexual and Reproductive Health is recommended for medical practitioners who wish to increase their knowledge and clinical skills in sexual and reproductive health. The course covers important specialist information, and provides medical practitioners with the opportunity to explore sexual and reproductive health care issues to enhance professional practice.

The certificate is particularly suitable for GP registrars, rural or other GP's who frequently deal with women's health, doctors undertaking the RANZCOG Diploma and those who wish to work in primary health, sexual health or family planning clinics.

The whole certificate course is eligible for the Rural and Remote Procedural GP grants from the federal government. These grants provide up to \$15,000 per GP per year, for up to two weeks of training.

Eligibility & Pre-requisites

Qualified Medical Practitioners - MBBS or equivalent – with at least one year postgraduate experience

Queensland Medical Board registration and current indemnity insurance

Course Recognition

This course is recognised by:

- RACGP QA & CPD program
- ACCRM
- RANZCOG
- GPEA
- ASCHM

Course objectives

- Expand knowledge of reproductive health and contraceptive techniques
- Further develop communication skills in the areas of contraceptive choice, STI, common gynaecological problems, pregnancy issues and sexuality
- Develop clinical skills that complement the theoretical aspects of the course.

Course Content

To successfully complete this course, participants must complete each of the following active learning modules:

Module 1 – theory (six day block)

Topics covered:

- Contraception methods
- Communicating about sexuality
- Sexual difficulties
- Menopause
- Common gynaecological problems
- Facilitating contraceptive choice
- Unplanned pregnancy options
- Subfertility
- Sexuality transmitted infections
- Menstrual disorders
- Sexual assault
- Cervical screening
- Breast health
- Men's health
- Preconception

This theory module provides participants with an opportunity to develop their knowledge and communication skills in sexual and reproductive health. Learning strategies include discussion groups, small group work and case studies.

Module 2 - OSCE examination

An examination will take place on the final day of the theory module. This examination includes a written multiple choice and short answer exam paper and clinical role-plays

Module 3 - Clinical training

The clinical training is competency based and involves a minimum of seven sessions that are flexibly arranged to suit the practitioner at one of the six Family Planning Queensland clinics located throughout Queensland. Clinical training must be completed within twelve months of the theory module.

Clinical placements provide participants with the opportunity to develop confidence and expertise in contraceptive technology and in reproductive and sexual health communication, counselling, clinical examination and procedures.

Please note: It is possible to undertake the theory component with Family Planning Queensland and the clinical training in another State. In this case, FPQ will request payment for the theory and the participant will need to contact the Family Planning Organisation in their selected State to arrange clinical training (other States' fees and arrangements may vary from FPQ). The participant must have current registration in the State where they wish to undertake their clinical training. Likewise, practitioners who have completed the theory component in another state (including the Distance Education course offered by FPA Health) may undertake clinical training component with FPQ.

Course materials

The course materials include:

- Pre-readings and FPQ Publications CD
- Sexual Health & Family Planning Australia. (2006). Contraception: an Australia clinical practice handbook.
- Russell, D., Bradford, D. & Fairley, C. (2005). Sexual Health Medicine. IP Communications: Melbourne.
- Handout PowerPoint presentations

Accreditation & Credit Points

Participants can earn credit points on completion of the Sexual Health & Family Planning Australia (SH&FPA) Certificate.

RACGP

- Module 1 (theory) & Module 2 (OSCE) = 40 category 1 points
- Module 3 (clinical training) = 40 category 1 points

ACCRM PDP

- 105 (55 mandatory points component)

MOPS O&G / Women's Health

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