

Introduction to Sexual & Reproductive Health Theory

Introduction to Sexual and Reproductive Health Theory is a postgraduate education course recommended for nurse, allied health and other professionals who wish to increase their knowledge and understanding of sexual and reproductive health issues in a variety of contexts.

The course covers up-to-date, evidenced-based information and knowledge, explores attitudes and values in the context of sexual and reproductive health, and can assist health professionals to enhance professional practice.

This course is offered as a self directed learning package, using electronic and hardcopy learning materials.

Eligibility & Pre-requisites

- Allied health professionals
- Nurses
- Teaching and education professionals

Course Aims

- Enable nurses and other professionals to develop knowledge and understanding of sexual and reproductive health issues in a variety of contexts.
- Provide an opportunity for nurses and other professionals to challenge their attitudes towards and practice in sexual and reproductive health.

Course Objectives

- Critically reflect upon personal attitudes and values towards sexuality
- Discuss the issues and processes of sexual and reproductive development through the lifespan
- Examine issues, attitudes and choices that impact upon sexual expression and behaviour, and promotion of sexual and reproductive health.
- Identify factors that influence reproductive and contraceptive choices, and male and female sexual and reproductive health

Course Materials

- Course Readings & FPQ publications CD
- Study Guide – Part 1 and Part 2
- Temple-Smith, M. & Gifford, S. (Eds). (2005). *Sexual Health: An Australian Perspective*. Melbourne: IP Communications.

Course Content

The course content is in two parts. Part 1 contains seven topics and Part 2 contains six topics.

Part 1. Sexuality and diversity

Topics:

- Global aspects of sexuality and health
- Sexual identity and sexual development
- Sexuality issues throughout the lifespan
- Cultural perspectives
- Impact of disability and illness on sexuality
- Talking sex and sexuality
- Legal issues

Part 2. Sexual and reproductive health

Topics:

- Sexual violence
- Sexually transmissible and reproductive tract infections
- Male reproductive health
- Female reproductive health
- Contraception
- Pregnancy choices

Assessment

Assessment tasks include content questions, practice review activities and case studies, presentation of a portfolio and a 2000 word research paper. Assessments are marked at a postgraduate level. The research paper must be typed and correctly referenced.

Accreditation & Credit Points

This course may attract credit points towards university courses. Participants are required to make their own enquiries with their course coordinators regarding options for credit.

On successful completion of this course, participants have completed one component of the Registered Nurse Sexual & Reproductive Health. The other components are:

- Pap Smear Provider Module
- Clinical Aspects of Sexual & Reproductive Health Course
- Sexual & Reproductive Health Clinical Attachment Module

For more information

Family Planning Queensland
PO Box 215, Fortitude Valley QLD 4006
Phone 07 3250 0240 **Fax** 07 3250 0294
Email education@fpq.com.au

www.fpq.com.au

If you do not wish to receive further information about Family Planning Queensland education please phone 07 3250 0240 or email education@fpq.com.au