

Training Options for Education Settings, Disability and Community Services

Family Planning Queensland (FPQ) delivers a range of nationally recognised training that meets the requirements of specific units of competency from the Community Services Training Package.

FPQ can tailor professional development to suit your workplace or organisation and can deliver training in any location. All nationally recognised training includes an assessment option and can be delivered in flexible, session based formats.

Teaching sexuality education

CHCCD402A Develop and provide community education projects

- plan and deliver a sexuality education program
- create a safe and positive learning environment
- answer students' questions with confidence
- source and adapt resources to meet the needs of students

Introduction to sexuality and disability

CHCICS303A Support individual health and emotional wellbeing

- explore attitudes and values about sexuality
- understand sexuality and sexual development
- consider sexuality issues for people with disabilities and their carers
- develop strategies for empowering people with disabilities

Strategies for supporting adults with disabilities

CHCDIS404C Design procedures for support

- support healthy sexual behaviours in men and women with a disability
- identify sexuality support needs
- develop strategies and review resources
- apply support strategies in your workplace

Understanding sexual behaviours in children and adolescents (Traffic Lights framework part 1)

CHCCHILD404A Support the rights and safety of children and young people

- understand sexual development as a normal aspect of childhood and adolescence
- identify normal, age appropriate sexual behaviours
- identify concerning, problem or abusive sexual behaviours
- use the Traffic Lights framework to understand what is normal and what is not and to identify, review and respond to sexual behaviours
- develop reporting and referral paths to support the needs of children and adolescents

Understanding and responding to problem sexual behaviours in children and adolescents (Traffic Lights framework part 2)

CHCIC620C Manage complex behavioural situations

- identify the characteristics of normal, healthy sexual behaviours as well as those which are concerning, problematic or harmful
- understand concerning and problem sexual behaviours using a psychosocial model
- explore bridges and barriers to prevention, protection and reporting
- formulate positive strategies to meet the needs of children and adolescents in home, school and community contexts
- develop support plans using a multi-response approach

Training Options for Education Settings, Disability and Community Services

HIV/AIDS, hepatitis C and sexual health promotion with young people

CHCCD413D Work within specific communities

- review information, attitudes and values related to sexuality and sexual health
- communicate with young people about sexuality and risk taking
- identify resources for contraception and unplanned pregnancy
- access resources to support sexual violence prevention

Positive and protective

CHCCHILD403B Promote the safety, well-being and welfare of children, young people and their families

- communicate about sexuality
- support healthy and safe sexual development
- utilise strategies, resources and referral networks

Developing sexuality and relationships policy for your organisation

CHCPOL301B Participate in policy development

- recognise the principles of a sexuality and relationships policy
- develop a sexuality and relationships policy for use in your organisation
- identify strategies to assist with the successful implementation and maintenance of a sexuality and relationships policy

Customised options

FPQ training provides opportunities for workers to increase their skills in working with target groups. Training is particularly relevant for:

- people working in disability and special needs settings
- teachers and early childhood workers
- people working with children, young people and their families
- health and welfare workers

Courses can be tailored to suit the setting and reflect particular job roles. For customised training costs contact FPQ.

Nationally recognised training courses will require additional study/work out of course contact time to complete assessment requirements. Recognition of Prior Learning (RPL), Recognition of Current Competencies (RCC) and language, literacy and numeracy support are available.

Training costs

In service professional training and customised training (minimum 2 hours, maximum 20 participants)	\$165 per hour
Nationally recognised training (maximum 20 participants)	\$1,450 per day

Note: additional costs may apply for some locations.

For more information

Family Planning Queensland
PO Box 215, Fortitude Valley QLD 4006
Phone 07 3250 0240 **Fax** 07 3250 0294
Email education@fpq.com.au

www.fpq.com.au