



NATIONALLY RECOGNISED  
TRAINING

# Accredited Training in Sexual and Reproductive Health

## Customised training options

Family Planning Queensland (FPQ) delivers professional training in sexual and reproductive health with a range of accredited courses that meet the requirements of specific units of competency from the Community Services Training Package.

FPQ can tailor any of these courses to suit your workplace or organisation and can deliver training in any location. All accredited training programs are a minimum of seven hours and include an assessment option. The content of these courses can also be delivered in flexible, session based and non accredited formats.

## Workforce development in a variety of settings

FPQ training content provides opportunities for a variety of workers to increase their skills in working with their client groups. Training is particularly relevant for:

- people working in disability and special needs settings
- teachers and early childhood workers
- people working in child and youth services
- health and welfare workers

*Courses can be tailored to suit mainstream or special needs settings and reflect particular job roles.*

## Teaching sexuality and self protection

### Course content:

- Rationale for sexuality and self protection education
- Developing, delivering and evaluating sexuality and self protection education programs
- Sexuality and self protection strategies and resources

## Promoting healthy sexual behaviours in children and adolescents

### Course content:

- Childhood sexual development
- Identifying age appropriate, healthy sexual behaviours
- Identifying 'at risk' and 'inappropriate' sexual behaviours
- Reporting and referral paths to support needs of children and adolescents
- Using sexuality education resources

## Provide sexual behaviour support

### Course content:

- Antecedents for sexually abusive and challenging behaviours
- Models for responding to inappropriate behaviours
- Addressing behaviour support
- Resources/skills for responding to, and managing, sexually inappropriate and challenging behaviour

*This course is specifically for people working in a disability setting.*



## Accredited Training in Sexual and Reproductive Health

### Sexuality and disability

**Course content:**

- Review of own and community attitudes and values about sexuality
- Impact of disabilities upon expressions of sexuality and identity
- Sexuality issues for people with disabilities and their carers
- Identifying and implementing strategies for empowering people with disabilities in the area of sexuality
- Policy and legislation issues in sexuality and disability

*This course is specifically for people working in a disability setting.*

### HIV / AIDS, hepatitis C and sexual health promotion with young people

This training specifically aims to improve organisations' and workers' capacity to address the HIV/AIDS, hepatitis C and sexual health needs of young people. This content is also available as a CD Rom based self directed learning resource.

**Course content:**

- Sexuality and sexual health
- Young people, risk taking and protective behaviours
- Contraception and unplanned pregnancy
- Sexual violence
- HIV/AIDS, sexually transmissible infections and hepatitis C
- Prioritising HIV/AIDS, hepatitis C and sexual health for young people
- Legislation and policy issues
- HIV/AIDS, hepatitis C and sexual health interventions

### Training costs

Costs are negotiable for organisations, but are based on the following standard rates:

In service professional training Min 2hrs/Max 20 participants	\$150/hour
Non-accredited course (max. 20 participants)	\$900/day
Accredited course (max. 20 participants)	\$1300/day

*\*Please note: additional costs may apply for some locations.*

### For more information:

**Family Planning Queensland**

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Fortitude Valley QLD 4006

**Phone:** 07 3250 0240

**Email:** [education@fpq.com.au](mailto:education@fpq.com.au)

Accredited programs require additional study/work out of course contact time to complete assessment requirements. Recognition or Prior Learning (RPL), Recognition of Current Competencies (RCC) and language, literacy and numeracy support are available.

For sexual and reproductive health education

[www.fpq.com.au](http://www.fpq.com.au)

ABN 61 009 860 164

