

Creating Conversations

The Creating Conversations program is designed to support families with children and young people with a disability. This program will provide you with valuable information, skills and tools. You will learn what to expect as your child develops and what supports healthy sexual behaviours and relationships.

Parent education session

Parents and carers will learn:

- stages of child sexual development
- practical tips to support learning at home
- strategies to support positive sexual behaviours and address behaviours of concern
- how to talk about sexuality and relationships
- strategies for answering questions

This is an opportunity for parents and carers to share ideas and discuss ways of communicating about sexuality and relationships with children and young people with a disability.

Duration: 1.5 hours

* \$40 child care subsidy is available to support participation

Course details and registration

Please fill in the attached registration form and fax to 07 4927 6003 or visit the website, www.fpq.com.au to download a registration form for a course near you.

Family education sessions

In a small group setting, families (parents and child) will use resources and practise conversations about sexuality and relationships.

Families can choose from three groups:

- 0 – 8 yrs
- 9 – 12 yrs
- 13 – 18 yrs

Topics may include:

- body parts and functions
- being private
- puberty
- periods
- rules about touch
- healthy relationships
- staying safe – self protection

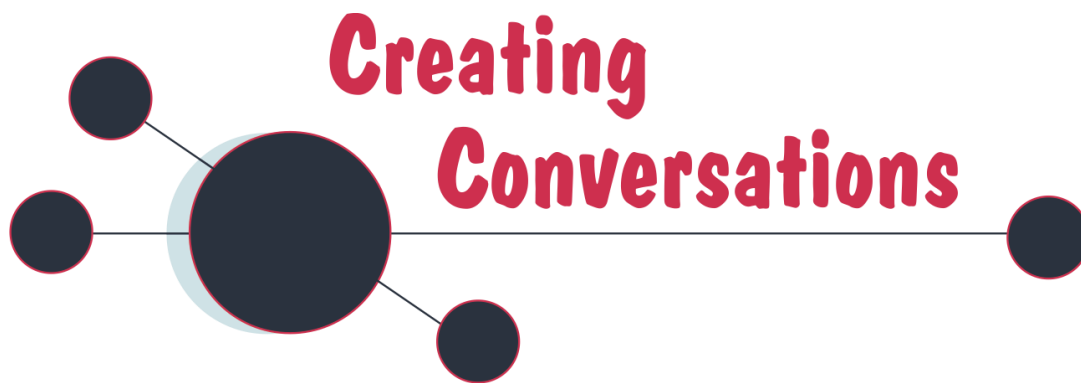
Duration: 1.5 hours

Maximum 10 families per group

For more information

Family Planning Queensland
PO Box 11
Rockhampton Q 4700
Phone: 07 4921 3655 Fax: 07 4927 6003
Email: rockhamptonedu@fpq.com.au

www.fpq.com.au



Creating Conversations

Location	LONGREACH* *Venue to be advised on confirmation of registration
Cost	FREE
RSVP	5 working days prior to first session
Refreshments	Tea/coffee only

To register for Creating Conversations please complete the following information and return to FPQ.
 Fax 07 4927 6003
 PO Box 11, Rockhampton Q 4700

* \$40 child care subsidy available to support participation

Parent or carer details			
Name 1		Name 2	
Contact details			
Address			
Contact number/s			
Email			
Most convenient time and day to be contacted			
Do you wish to claim the \$40 child care subsidy? <input type="checkbox"/> Yes <input type="checkbox"/> No			

Family Planning Queensland will contact you prior to the program to confirm your registration, discuss any specific areas of interest and gather further information about the ways your family can be supported.

Please proceed to the following page to choose which parent and family education sessions you would like to attend.

Creating Conversations

LONGREACH

NOTE: To receive the most out of this program it is recommended that you attend both *parent education* session and *family education* session with your child.

Month	Date	Time	Session detail	√
March	9	1:00pm-2:30pm	Parent education	
		3:30pm-5:00pm	Family education 13 – 18yrs	
		5:30pm-7:00pm	Parent education	
	10	8:30am-10:00am	Family education 0 –8yrs	
		8:30am-10:00am	Family education 9 –12yrs	

Please return with previous page: fax to 07 4927 6003 or mail to PO Box 11, Rockhampton Q 4700

As places are limited, please let us know if you are unable to attend so that your place can be offered to another family.