

# Creating Conversations

The Creating Conversations program is designed to support families with children and young people with a disability. This program will provide you with valuable information, skills and tools. You will learn what to expect as your child develops and what supports healthy sexual behaviours and relationships.

## Parent education session

Parents and carers will learn:

- stages of child sexual development
- practical tips to support learning at home
- strategies to support positive sexual behaviours and address behaviours of concern
- how to talk about sexuality and relationships
- strategies for answering questions

This is an opportunity for parents and carers to share ideas and discuss ways of communicating about sexuality and relationships with children and young people with a disability.

Duration: 1.5 hours

\* \$40 child care subsidy is available to support participation

## Course details and registration

Please fill in the attached registration form and fax to 07 4927 6003 or visit the website, [www.fpq.com.au](http://www.fpq.com.au) to download a registration form for a course near you.

## Family education sessions

In a small group setting, families (parents and child) will use resources and practise conversations about sexuality and relationships.

Families can choose from three groups:

- 0 – 8 yrs
- 9 – 12 yrs
- 13 – 18 yrs

Topics may include:

- body parts and functions
- being private
- puberty
- periods
- rules about touch
- healthy relationships
- staying safe – self protection

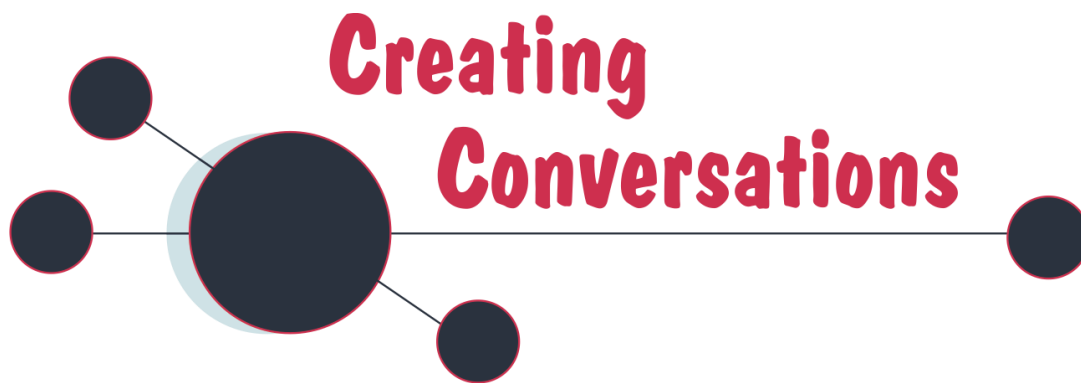
Duration: 1.5 hours

Maximum 10 families per group

## For more information

Family Planning Queensland  
PO Box 11  
Rockhampton Q 4700  
Phone: 07 4921 3655 Fax: 07 4927 6003  
Email: [rockhamptonedu@fpq.com.au](mailto:rockhamptonedu@fpq.com.au)

[www.fpq.com.au](http://www.fpq.com.au)



# Creating Conversations

<b>Location</b>	<b>EMERALD*</b> *Venue to be advised on confirmation of registration
<b>Cost</b>	FREE
<b>RSVP</b>	5 working days prior to first session
<b>Refreshments</b>	Tea/coffee only

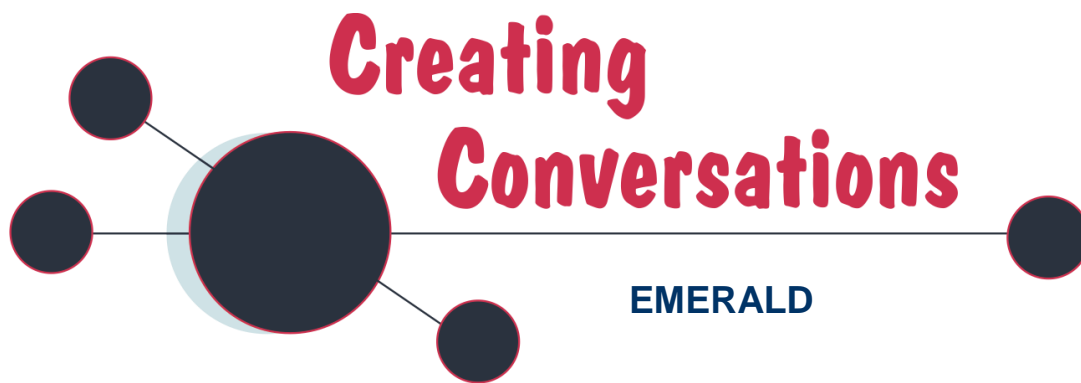
To register for Creating Conversations please complete the following information and return to FPQ.  
 Fax 07 4927 6003  
 PO Box 11, Rockhampton Q 4700

\* \$40 child care subsidy available to support participation

Parent or carer details			
<b>Name 1</b>		<b>Name 2</b>	
<b>Contact details</b>			
<b>Address</b>			
<b>Contact number/s</b>			
<b>Email</b>			
<b>Most convenient time and day to be contacted</b>			
<b>Do you wish to claim the \$40 child care subsidy?</b> <input type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>			

Family Planning Queensland will contact you prior to the program to confirm your registration, discuss any specific areas of interest and gather further information about the ways your family can be supported.

Please proceed to the following page to choose which parent and family education sessions you would like to attend.



# Creating Conversations

## EMERALD

**NOTE:** To receive the most out of this program it is recommended that you attend both *parent education* session and *family education* session with your child.

Month	Date	Time	Session detail	√
March	19	4:30pm-6:00pm	Family education 0 – 8 yrs	
		4:30pm-6:00pm	Family education 9 – 12yrs	
		4:30pm-6:00pm	Family education 13 – 18yrs	
	20	12:00pm-1:30pm	Parent education	

Please return with previous page: fax to 07 4927 6003 or mail to PO Box 11, Rockhampton Q 4700

As places are limited, please let us know if you are unable to attend so that your place can be offered to another family.