Resources and services for early childhood professionals, parents and carers

Where do I start? Early childhood resource package

Family Planning Queensland (FPQ) will help your staff gain confidence in educating children about personal safety, their bodies, privacy and rules about touch, in a gently, age appropriate way.

FPQ’s Where do I start? package provides professional development and resourcing mapped to the National Quality Framework QA2: Children’s health and safety, which is designed to build staff skills and competence as well as develop fun and interactive activities for use in your centre.

Purchase the complete package and save 20% on cost if bought separately.

The package includes:

- **Everyone’s got a bottom** children’s storybook
- **Where do I start?** Early childhood DVD and guide
- **I have the right to be safe** flip chart and brochures (packet of 20)
- **Traffic Lights** guide to sexual behaviour brochures (packet of 20)
- **Communicating with children about sexuality** factsheet (packet of 20)
- **Sexual development in early childhood** factsheet (packet of 20)
- **Feel safe: Promoting personal safety** factsheet (packet of 20)
- **2 x Professional development interactive webinars** – additional registrations available for $40 each

Check [www.fpq.com.au](http://www.fpq.com.au) for details of webinar sessions

Cost: $220.00 (GST included) plus freight

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Everyone’s got a bottom storybook

A colourful storybook for children aged 3 to 8 years. It is a story about Ben and his brother and sister learning and talking together about bodies.

It is a tool for parents and carers to gently start conversations with children about personal safety. It’s about children keeping safe in a style that is fun, positive and protective.

Winner of the 2007 Child Protection Week Award for an Education Initiative and a recommended resource for the Daniel Morcombe Child Safety Curriculum for Queensland students. More than 30,000 copies sold.

Cost: $19.90 (GST included) plus freight 10% discount for orders of 10 or more

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Where do I start? DVD and guide package

The DVD and guide provide information about children’s sexual development for those who work with and care for young children.

It demonstrates ways to support young children’s healthy sexual development and shows positive responses to children’s curiosity, questions and behaviours. The resource is designed to assist early childhood professionals and services to create a healthy and safe environment in which children learn about bodies, relationships and being safe. It contains information, resources and tips to help to incorporate relationships and sexuality education into everyday care and education of children.
Is this normal? Understanding your child’s sexual behaviour *

This book provides parents and carers with an explanation of the Traffic lights framework for understanding and responding to children’s sexual behaviours.

The book tells stories about everyday situations where action might be needed and gives tools to support communication with children about relationships and sexuality and ideas for what to do when a child’s sexual behaviour is not appropriate for their age. Suggestions for how to get support are also provided. Knowing more about sexual behaviours is part of helping protect children from harm.

Cost: $19.90 (GST included) plus freight 10% discount for orders of 10 or more

* not included in Where do I start? Early Childhood resource package

I have the right to be safe flip chart and brochures

This resource is designed to promote personal safety skills in a fun and accessible way for children aged between 5-10 years.

The participant pages show the text and illustrations. The facilitator pages show the text, facilitator strategies, worksheet or cards, extension activities and additional resource ideas.

This resource also contains twenty I have the right to be safe brochures

Cost: $72.00 (GST included) plus freight

FPQ’s online shop

FPQ’s team of experts have produced a comprehensive suite of resources in the areas of relationships and sexuality education and reproductive and sexual health.

Browse our online shop to find evidence based resources to support your practice or family. The extensive catalogue includes resources for teachers, clinicians, parents and carers, early childhood, people with a disability and more.

Available at: http://shop.fpq.com.au/

Details of all FPQ resources are available at www.fpq.com.au

Services for early childhood professionals, parents and carers

FPQ can support relationships and sexuality education in early childhood settings through working with early childhood staff, parents and carers.

FPQ early childhood services include:

- Professional development for early childhood professionals
  FPQ’s customised programs are designed to meet the needs of professionals who work with young children. Professional development can increase understanding of sexual development in early childhood; assist in responding to sexual behaviours and facilitate the development and implementation of relationships and sexuality education programs within early childhood settings.

- Parent and carer programs
  FPQ's parent and carer programs assist parents to understand child sexual development, develop ways to respond to children's curiosity and specific questions about sexuality and support their child's healthy sexual development.

Contact FPQ to discuss training options including workshops, masterclasses and webinars

For more information

Family Planning Queensland
PO Box 215
Fortitude Valley Q 4006

Phone: Brisbane 07 3250 0240
or contact your nearest FPQ education office
Email: education@fpq.com.au

www.fpq.com.au

Children: healthy and safe

If you do not wish to receive further information about FPQ education please phone 07 3250 0240 or email education@fpq.com.au

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