

Disability and Sexuality Education Services 2010

Information sessions for parents and carers:

Practical tips to teach sexuality education in the home or care environment. Topics can include:

- Public and private bodies and behaviours
- Talking about puberty
- Strategies to support positive sexual behaviours
- Staying safe
- Safe sex and sexual relationships

\$150/hour/per group (min 2 hours)
Max. 20 participants

Group education for people with disabilities:

FPQ provides small group and classroom education. FPQ will develop a program in consultation with staff and encourage professionals to be actively involved in the facilitation of the program. Topics may include:

- Body parts and functions
- Being private
- Rules about touch
- Relationships
- Puberty
- Menstruation
- Sexual relationships
- STIs and safer sex
- Pregnancy
- Masturbation
- Sexual behaviours
- Self protection

\$150/hour/per group
Max. 10 participants

Professional training

Option 1: Nationally recognised training

Courses aimed to meet the needs of professionals who work in the education sector; residential and respite services; program and case management and other areas of the disability sector. (Go to www.fpq.com.au for more information on the range of nationally recognised training available.)

\$1300 per day
Max. 20 participants

Option 2: Customised training

Tailored training for schools and organisations to assist staff in building confidence to support the healthy sexuality of students or clients. Content can include:

- Values and attitudes in relation to sexuality and disability
- Social learning and disability
- Responding to sexual behaviours positively
- Teaching strategies for specific topics (i.e. puberty)
- Case study examples to facilitate learning
- Policy and procedure development

\$900 per day or \$150/hour (min 2 hours)
Max. 20 participants

Option 3: Consultancy

FPQ provide a professional consultation service to schools and organisations. FPQ is able to attend organised meetings or case conferences to facilitate discussion about strategies to support specific sexual behaviours in positive ways. The outcomes of these consultations include that parents, carers and professionals are resourced to respond to the sexuality needs of the child, young person or adult they are supporting. Consultations run for 1.5-2 hours.

\$150/hour

For information and bookings:

Family Planning Queensland
PO Box 215
Fortitude Valley QLD 4006

Phone: [your nearest FPQ office](http://www.fpq.com.au)
Email: education@fpq.com.au

To discuss other disability and sexuality education services please contact us