**Disability, relationships and sexuality education services**

FPQ's disability program received the National Disability Award for Excellence in Improving Health Outcomes and the Child Protection Week Award for an Education Initiative in 2012.

**Information sessions for parents and carers**

Practical tips to teach sexuality and relationships education in the home or care environment.

Topics can include: $250/hour per group (minimum 2 hours)

- Public and private bodies and behaviours
- Talking about puberty
- Strategies to support positive sexual behaviours
- Staying safe
- Healthy relationships
- Safe sex and sexual relationships

**Group education for young people and adults with a disability**

FPQ provides classroom and small group education. FPQ will work with school communities and organisations to support professionals to be actively involved in the planning and facilitation of the program.

Topics can include: $250/hour per group (maximum 10 participants)

- Body parts and functions
- Being private
- Rules about touch
- Relationships
- STIs and safer sex
- Personal safety
- Puberty
- Pregnancy
- Menstruation
- Sexual relationships and behaviours

**Professional training**

Customised training

Tailored training for schools and organisations to assist staff in building confidence to support healthy sexuality and relationships of students or clients. Content can include:

- Values and attitudes in relation to sexuality and disability
- Responding to sexual behaviours positively
- Teaching strategies for specific topics (ie puberty)
- Social learning and disability
- Case study examples to facilitate learning
- Policy and procedure development

Contact us for details

**For information, bookings or to discuss other services**

Family Planning Queensland
PO Box 215
Fortitude Valley QLD 4006

Phone: Brisbane 07 3250 0240
or contact your nearest FPQ education office
Email: education@fpq.com.au

For further information about FPQ education please phone 07 3250 0240 or email: education@fpq.com.au