Disability, relationships and sexuality education resources

FPQ’s disability program received the National Disability Award for Excellence in Improving Health Outcomes and the Child Protection Week Award for an Education Initiative in 2012.

Every body needs to know

A highly acclaimed relationships and sexuality education resource for teaching people with a disability.

Topics include:
1. Private bodies
2. Puberty
3. Periods
4. Relationships
5. Sexual relationships
6. Pregnancy information
7. Feeling good
8. Being safe
9. Sexual health checks

Now packaged in a lightweight, compact carry case, containing a CD and boxed picture cards. This resource offers tips for teaching about relationships and sexuality with children, young people and adults with a variety of disabilities including intellectual, sensory, physical and those on the autism spectrum.

Cost: $540.00 (GST included) plus freight
(Update CD for those who already have previous versions: $55.00 (GST included) plus freight)

Feel safe CD

Promotes personal safety for young people with learning support needs through the stories of six young people aged 12-16 years.

The CD reinforces personal safety information on: types of touch, rules about touch, feelings, who to talk to if you need help, male and female body parts, wanted and unwanted touch and body warning signs through interactive games.

Cost: $72.00 (GST included) plus freight

Everyone’s got a bottom

A colourful storybook for parents and carers that helps gently start conversations about personal safety with children aged 3 to 8.

Winner of the 2007 Child Protection Week Award for an Education Initiative. More than 20,000 copies sold.

Cost: $19.90 (GST included) plus freight

Traffic Lights: Responding positively to sexual behaviours

DVD and brochure package

Provides a guide for professionals to identify, understand and respond to sexual behaviours in school settings. It uses a case study of a young person with a disability to explore staff and carer responses to sexual behaviours. Relationships and sexuality education strategies are also provided.

Cost: $38.00 (GST included) plus freight.
Is this normal? Understanding your child’s sexual behaviours

This book provides parents and carers with an explanation of the Traffic Lights Framework for understanding and responding to children’s sexual behaviours.

The book tells stories about everyday situations where action might be needed and gives tools to support communication with children about relationships and sexuality and ideas for what to do when a child’s sexual behaviour is not appropriate for their age. Suggestions for how to get support are also provided.

Cost: $19.90 (GST included) plus freight.

Free activity books for parents and carers

Designed to enable parents, carers and professionals to support relationships and sexuality education for people with a disability.

Includes activities, worksheets and picture cards to discuss topics such as bodies, public and private, puberty and decisions about sexual relationships. Activity sheets and picture cards are at the end of each book.

Available at: www.fpq.com.au/education/disability/resources.php

FPQ’s Teacher Resource Centre

FPQ’s Teacher Resource Centre is an online portal packed with information to help teachers prepare for and implement relationships and sexuality education (RSE) programs in their school.

The site includes easily accessible lesson plan ideas, research to support RSE, curriculum links, activities, short videos of teachers and students taking part in RSE lessons and more. Some lessons have been developed for students with a disability.

Available at: www.fpqteachers.com.au/

FPQ’s online shop

FPQ’s team of experts have produced a comprehensive suite of resources in the area of relationships and sexuality education and sexual and reproductive health.

Browse our online shop to find evidence based resources to support your practice or family. The extensive catalogue includes resources for teachers, clinicians, parents and carers, early childhood, people with a disability and more.

Available at: http://shop.fpq.com.au/
A tour of each of these packages is available at www.fpq.com.au

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Advocating for inclusive relationships and sexuality education

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