

Contraceptive Update Seminars

A three-hour Contraceptive Update seminar provides doctors, nurses and other health professionals with an update on the current research, information and recommendations about contraception.

Two contraceptive update seminars are available:

1. for doctors and nurses with previous training/knowledge in contraception who work in a clinical area and currently provide contraceptive services,
2. for health professionals providing information and education about contraceptive methods.

Contraceptive updates can also be tailored to suit individual or organisational training and information needs in the area of contraception. This type of seminar can be delivered in your workplace and outside Brisbane.

Eligibility & Pre-requisites

This seminar is targeted at doctors, nurses and health professionals who work in a clinical setting and provide contraceptive services.

Seminar Recognition

- RACGP

Seminar Objectives

- To provide doctors, nurses and allied health professionals with an update on the latest research and current issues in contraception
- Identify the latest key research on contraception
- Discuss the client impacts of contraception changes and research
- To assist practitioners to provide contraceptive consultations that are informed by best practice

Seminar Content

Course content will vary depending on 1) qualifications and experience of participants, 2) research and trends and 3) needs of the participants. (See below for an example timetable)

Seminar Materials

- Sexual Health & Family Planning Australia. (2006). *Contraception: an Australian Clinical Practice Handbook*. (dependant upon payment option)
- FPQ Publications CD Rom
- Handouts of powerpoint presentations

Accreditation and Credit Points

This Active Learning Module has been approved by the RACGP QA&CPD Program and attracts Category 2 points.

For more information and enrolment:



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**Contraceptive Update Seminar
Timetable – October 2006**

Theme: What's "the Best" in Contraception?
Best information
Best choice facilitation
Best practice

Time	Topic
1:00-1:30pm	Registration / refreshments
1:30-1:40pm	Introduction & resources
1:40-2:05pm	Trends/Whats new/Whats coming
2:05-2:20pm	Progestogens and bleeding
2:25-2:45pm	Selecting potential IUD users-tips from an IUD inserter
2:50-4:30pm (5 groups– 20 mins per station)	"Meet the experts" – cases/discussion/questions