

Clinical aspects of sexual and reproductive health course (Nurses and health workers)

Participant quotes (taken from course evaluations)

“Great learning environment. Thank you very much to all the presenters.”

“Generally the whole course was excellent for me; very well presented and delivered.”

“Excellent, thorough, fun and comprehensive.”

“Excellent, easily applied to daily practice, great use of examples and group discussion. I feel more informed on a wide range of sexual and reproductive health topics after the course.”

The Clinical aspects of sexual and reproductive health course provides nurses and health workers with the opportunity to:

- Discuss the policies, laws and resources related to sexual and reproductive health nursing practice
- Critically reflect upon the role of the nurse in providing sexual and reproductive health care in a variety of contexts
- Demonstrate knowledge of current best practice in clinical aspects of sexual and reproductive health service delivery
- Promote the rights of individuals to access sexual and reproductive health services

Eligibility and pre-requisites

- This course is also open to registered nurses, enrolled nurses and health workers
- FPQ's *Introduction to sexual and reproductive health theory*, *Pap smear provider module*, or equivalents are an advantage.

Course objectives

To provide an opportunity for nurses and allied health professionals to consolidate sexual and reproductive health theory and to prepare for clinical practice.

Course content

Theory component

Participants are required to attend a three day face-to-face theory course focused on contraception, unplanned pregnancy and STIs. The following topics are covered in the course:

- Facilitating contraceptive choice
- Natural family planning and barrier methods
- Hormonal contraception
- IUDs and sterilisation
- Unplanned pregnancy issues
- STIs
- Blood borne viruses
- Issues in sexual health service delivery
- Preparation for clinical practice

Assessment

Following the three-day theory course, participants have six months to complete and submit the theory assessment workbook.

Course materials

The course materials include:

- Pre-readings, course readings and FPQ publications
- Sexual Health and Family Planning Australia. *Contraception: an Australian Clinical Practice Handbook* (provided on CD)
- Assessment workbook

Accreditation and credit points

This program is endorsed by the RCNA and attendance attracts up to 26 RCNA CNE points as part of RCNA's Life Long learning program (3LP). (Theory workshop – 21 points; assessment – 5 points)

On successful completion of this course, participants have completed one component of the FPQ Certificate in sexual and reproductive health. The other components are:

- Introduction to sexual and reproductive health theory
- Pap smear provider module
- Sexual and reproductive health clinical attachment module

For more information and enrolment:



Family Planning Queensland
PO Box 215
Fortitude Valley QLD 4006

Phone: 07 3250 0240
Email: info@fpq.com.au
Website: www.fpq.com.au