

Clinical Aspects of Sexual & Reproductive Health Course

Participant Quotes (taken from course evaluation)

“Great learning environment. Thankyou very much to all the presenters. Learnt heaps and enjoyed two days immensely. More nurses should do this course!”

“Excellent, thorough, fun and comprehensive.”

“Excellent, easily applied to daily practice, great use of examples and group discussion. I feel more informed on a wide range of sexual and reproductive health topics after the course.”

The Clinical Aspects of Sexual & Reproductive Health Course provides nurses the opportunity to:

- discuss the policies, laws and resources related to sexual and reproductive health nursing practice,
- critically reflect upon the role of the nurse in providing sexual and reproductive health care in a variety of contexts,
- demonstrate knowledge of current best practice in clinical aspects of sexual and reproductive health service delivery, and
- promote the rights of individuals to access sexual and reproductive health services.

Eligibility & Pre-requisites

- This course is open to registered nurses, enrolled nurses and health workers
- FPQ's Introduction to Sexual & Reproductive Health Theory, Pap Smear Provider Module or equivalent is an advantage

Course Objective

To provide an opportunity for nurses and allied health professionals to consolidate sexual and reproductive health theory and to prepare for clinical practice.

Course Content

Theory

The three-day theory course focuses on contraception, unplanned pregnancy and STIs. The following topics are covered in the course:

- facilitating contraceptive choice
- natural family planning and barrier methods
- hormonal contraception
- IUDs and sterilisation
- Unplanned pregnancy issues
- STIs
- blood borne viruses
- issues in sexual health service delivery
- preparation for clinical practice

Assessments

Following the three-day theory course, participants have six months to complete and submit the theory assessment workbook.

Course Materials

The course materials include:

- Course readings CD
- Assessment workbook
- FPQ Publications CD
- Sexual Health & Family Planning Australia. *Contraception: an Australian Clinical Practice Handbook*.

Accreditation & Credit Points

On successful completion of this course, participants have completed one component of the Registered Nurse Sexual & Reproductive Health. The other components are:

- Introduction to Sexual & Reproductive Health Theory
- Pap Smear Provider Module
- Sexual & Reproductive Health Clinical Attachment Module

For more information and enrolment:



Family Planning Queensland
PO Box 215
Fortitude Valley QLD 4006

Phone: 07 3250 0240
Email: info@fpq.com.au
Website: www.fpq.com.au