

# Program outline – Year 5

At the end of this program students will be able to:

## Lesson 1

- Identify male and female reproductive systems, their parts and functions
- Use correct terminology for reproductive body parts

## Lesson 2

- Identify the physical, emotional and social changes that occur at puberty
- Understand that puberty changes happen to all people at some time
- Appreciate that puberty can be a time when people may be sensitive or self conscious about their bodies

## Lesson 3

- Explain the process of fertilisation, pregnancy and birth

## Lesson 4

- Understand the decision making process
- Identify factors influencing the decision making process
- Understand that decision making involves consequences

## Lesson 5

- Identify gender stereotypes
- Examine the impact of stereotyping on the choices people make
- Identify ways to challenge gender stereotyping

## Lesson 6

- Explore the groups to which people can belong, including family
- Explore how family groups can develop a sense of belonging for individuals
- Identify the similarities and differences in values and beliefs of different groups including how people have different perceptions of different groups
- Identify the importance of diversity and the benefits it brings to communities

## Lesson 7

- Define and identify actions that promote physical, emotional and social health and well being
- Analyse situations to promote healthy decision making